



Psychiatrist Profile

Dr Ian Thorburn

B Med Sci, MBBS, FRANZCP

Areas of Interest

- Anxiety Disorders
- Depression Disorders
- General Adult Psychiatry
- Post Traumatic Stress Disorder
- Personality Disorders
- Police, Emergency Services and Military

Client groups

- Adults

Languages

- English

Telehealth

Not available

Professional background

Dr Ian Thorburn is a consultant psychiatrist at South Coast Private Hospital.

Dr Thorburn prefers to manage patients interested in holistic management of mental health conditions rather than overly focusing on medications.

Dr Thorburn facilitates the hospital's meditation practice which is readily available during your inpatient stay.

Clinic locations

Dr Thorburn is available for consultations at South Coast Private Hospital's co-located psychiatry private practice.

Referral and appointments

T: 02 4286 6812