



## Psychiatrist Profile

# Dr Anju Abujam

MBBS, FRANZCP

### Areas of Interest

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- Anxiety Disorders
- Adjustment Disorders
- Mood Disorders
- Post Traumatic Stress Order
- Women's Mental Health
- Older Persons

### Client groups

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- Adults

### Languages

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- English
- Hindi

### Telehealth

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Not available

### Professional background

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Dr Anju Abujam is a consultant psychiatrist at South Coast Private Hospital and cares for both outpatients and inpatients.

Dr Abujam has extensive experience in Adult and Old age psychiatry. She has special interest in mental health of elderly, women's mental health issues and trauma related presentations. In addition to pharmacotherapy, she has a keen interest in holistic approach to management of mental health presentation incorporating evidence based psychological & social interventions including lifestyle modifications.

In her leisure, she enjoys long walks, music and mindfulness based activities like yoga.

### Clinic locations

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Dr Abujam is available for consultations at South Coast Private Hospital's co-located psychiatry private practice.

### Referral and appointments

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