



Psychiatrist Profile

Dr Daniel Smoothy

BSc, MBBS & FRANZCP

Areas of Interest

- Adjustment Disorders
- Anxiety Disorders
- Obsessive Compulsive Disorders
- Depressive Disorders
- Mood Disorders
- Neuropsychiatry
- Post Traumatic Stress Order

Client groups

- Adults

Languages

- English

Telehealth

Not available

Professional background

Dr Daniel Smoothy is a consultant psychiatrist at South Coast Private Hospital and cares for both outpatients and inpatients.

Dr Smoothy has experience in adult psychiatry and has always been fascinated by the workings of the human mind, particularly the connections between mental health and physical health. Dr Smoothy has an holistic approach to treatment, one that emphasises psychological therapies combined with effective medications and building a therapeutic alliance with each of his patients. In this regard, Dr Smoothy provides his patients a safe space for healing, fostering resilience and promoting recovery.

In his leisure time he enjoys travelling, cycling and outdoors.

Clinic locations

Dr Smoothy is available for consultations at South Coast Private Hospital's co-located psychiatry private practice.

Referral and appointments

T: 02 4286 6812