



## Psychiatrist Profile

# Dr Kelsey Denny

BMed, MD, FRANZCP

### Areas of Interest

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- Anxiety Disorders
- Complex Trauma
- Depressive Disorders
- Perinatal Psychiatry
- Post Traumatic Stress Disorder
- Postnatal Depression
- Police, Emergency Services and Military

### Client groups

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- Adults

### Languages

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- English

### Telehealth

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Not available

### Professional background

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Dr Kelsey Denny is a consultant psychiatrist, working exclusively at South Coast Private Hospital and cares for both inpatients and outpatients.

Dr Denny is particularly interested in women's mental health issues, military psychiatry, personality disorders and trauma related conditions.

Dr Denny provides individualised comprehensive care, to not only treat mental health disorders, but assist patients improve their quality of life and work towards their own specific recovery goals.

In her approach to treatment, Dr Denny focuses on holistic wellbeing. Whilst being skilled with the pharmacological treatment of mental illness, she does not focus on this alone. Rather, she utilises a mix of psychological, social and lifestyle interventions and, where appropriate, medications, tailored to each patient's unique needs.

### Clinic locations

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Dr Denny is available for consultations at South Coast Private Hospital's co-located psychiatry private practice.

### Referral and appointments

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T: 02 4286 6812