

# **Psychiatrist Profile**

# **Dr Nalin Wijensinghe**

MBBS, FRANZCP, FAPA

### **Areas of Interest**

- Adjustment Disorders
- Adolescent Psychiatry
- ADHD
- Autism Spectrum
- Anxiety Disorders
- Depression Disorders
- General Adult Psychiatry
- Post Traumatic Stress
  Disorder
- Personality Disorders
- Police, Emergency Services and Military

# **Client groups**

Adults

## Languages

- English
- Sinhalese

#### **Telehealth**

Not available

# **Professional background**

Dr Nalin Wijesinghe is a consultant Psychiatrist at South Coast Private Hospital and the Director of Transcranial Magnetic Stimulation Outpatient Service.

Dr Nalin Wijesinghe has clinical interests in managing depression. This requires an understanding of anxiety, bipolar disorders and the complexities of OCD and PTSD. He understands that medication may not be suited to the patient and is well versed in neuro stimulation such as Repetitive Transcranial Magnetic Stimulation (rTMS). rTMS is a treatment offered at South Coast Private Hospital within an outpatient setting.

When Dr Nalin Wijesinghe is not attending international conferences, which keeps his knowledge and skills current, he doesn't mind a game of cricket or a trip to the cinema to catch the latest blockbuster.

#### **Clinic locations**

Dr Wijensinghe is available for consultations at South Coast Private Hospital's co-located psychiatry private practice.

# **Referral and appointments**

T. 00 4000 0010

T: 02 4286 6812