



Psychiatrist Profile

Dr Paul Stewart

MBBS, BN, MMed (Psychiatry), FRANZCP

Areas of Interest

- Adjustment Disorders
- Anxiety Disorders
- ADHD
- Bipolar Disorder
- Borderline Personality Disorder
- Police, Emergency Services and Military
- General Adult Psychiatry
- Occupational Trauma
- Psychosis

Client groups

- Adults

Languages

- English

Telehealth

Not available

Professional background

Dr Paul Stewart is a consultant psychiatrist at South Coast Private hospital caring for both inpatients and outpatients. Dr Stewart is a general adult psychiatrist seeing all ages with an interest in young adults with anxiety, depression, trauma, emotional dysregulation and personality disorders.

He has a particular interest in integrative psychiatry which is a holistic approach including evidence-based nutritional, lifestyle and psychological interventions in addition to medications.

As a psychiatry registrar, Dr Stewart worked in the Illawarra, northern NSW, Northern Territory and Western Australia. He gained experience in general adult psychiatry, child and adolescent, older age and consultation liaison psychiatry.

Clinic locations

Dr Stewart is available for consultations at South Coast Private Hospital's co-located psychiatry private practice.

Referral and appointments

T: 02 4286 6812