



Psychiatrist Profile

Dr Sharat Lal

MBBS, FRANZCP

Areas of Interest

- ADHD
- Anxiety Disorders
- Developmental Disorders
- Depression Disorders
- Gender Dysphoria
- Personality Disorders
- Management of Acute Psychiatric Conditions

Client groups

- Adults

Languages

- English

Telehealth

Not available

Professional background

Dr Sharat Lal is consultant psychiatrist at South Coast Private Hospital and was the key driver in the implementation of the mental health unit in Wollongong. From an early age Dr Sharat Lal has had an interest in why people think a certain way and medicine.

With the combination of the two he knew Psychiatry was the ideal profession to pursue. His special Psychiatry interests are general, bipolar disorder, schizophrenia, transgender, obsessive compulsive disorder (OCD), adult ADHD, depression and anxiety. When Dr Sharat Lal is not working he is giving back to the community.

He is currently involved with the Refugee Action Collective Illawarra and also takes Telehealth patients.

Clinic locations

Dr Lal is available for consultations at South Coast Private Hospital's co-located psychiatry private practice.

Referral and appointments

T: 02 4286 6812